

# Weekly Digest

August 15 - August 21, 2022

Information & opportunities for Boston's older adults

WEEKLY DIGEST  
Table of Contents

[Polling Locations](#)

[Events August 15-21](#)

[ADA Day](#)

[Boston Movie Nights](#)

[Age Strong Shuttle](#)

## IMPORTANT MESSAGE!



**Your polling location may have changed.**

**Check your polling location online here:  
[sec.state.ma.us/VoterRegistrationSearch](https://sec.state.ma.us/VoterRegistrationSearch)**

For more information please call **311** or visit [boston.gov/election](https://boston.gov/election)

### NEW POLLING LOCATIONS

Boston has added 20 new voting precincts to adjust for population change over the past decade. The new voting precincts will make voting more convenient with reduced wait times and increased voter access.

### VOTING DATES AND DEADLINES

#### AUGUST 27

Voter Registration Deadline at 5 p.m.

#### AUGUST 27 - SEPTEMBER 2

Week of Early Voting

#### AUGUST 29

Deadline to Request a Vote By Mail or Absentee Ballot at 5 p.m.

#### SEPTEMBER 5

Deadline for (qualified) In Person Absentee Voting Ends at 12 p.m.

#### SEPTEMBER 6

##### STATE PRIMARY DAY

Deadline to Return All Ballots to a Drop Box or the Boston Election Department at 8 p.m.

**Stay Connected to Age Strong:**

City Hall, Room 271

1 City Hall Square

Boston, MA 02201

617-635-4366

[agestrong@boston.gov](mailto:agestrong@boston.gov)

[boston.gov/agestrong](https://boston.gov/agestrong)



@AgeStrongBos





## MONDAY, AUGUST 15

9am

### **Age Strong Virtual Chair Yoga**

No registration necessary

Contact Phone Number: 617-635-4366

Join by Zoom link [here](#).

11:30am

### **Age Strong Virtual Meditation**

No registration necessary

Contact Phone Number: 617-635-4366

Join by Zoom link [here](#).

9am-5pm

### **Meet Your Age Strong Advocate: Lorna**

BCYF Nazzaro: 30 North Bennet St., North End

Contact Phone Number: 617-635-4366

5pm-6pm

### **Park Summer Fitness: Virtual Dance Fit**

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

7pm

### **East Boston Movie Night: Luca**

East Boston Memorial Park

143 Porter St., East Boston

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

## TUESDAY, AUGUST 16

6:30am-7:30am

### **Park Summer Fitness: Yoga**

Doherty Playground

349 Bunker Hill St., Charlestown

Contact Number: 617-635-4505

Click [here](#) to register & for more information.

11am-1pm

### **Knitting/Crochet Circle**

BPL: Roslindale Branch

4246 Washington St., Roslindale

Contact Phone Number: 617-323-2343

Click [here](#) for more information.

11am-12pm

### **Device Help by Appointment**

BPL: Lower Mills

27 Richmond St., Dorchester

Contact Phone Number: 617-298-7841

Click [here](#) to register & for more information.

11:30am-12:30pm

### **Age Strong Virtual Latin Dance**

No registration necessary

Contact Phone Number: 617-635-4366

Join by Zoom link [here](#).

6pm-7pm

### **Park Summer Fitness: Kick It Class**

30 Chestnut Hill Ave., Allston-Brighton

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

7:45pm

### **Dorchester Movie Night: Shang-Chi and the Legend of the Ten Rings**

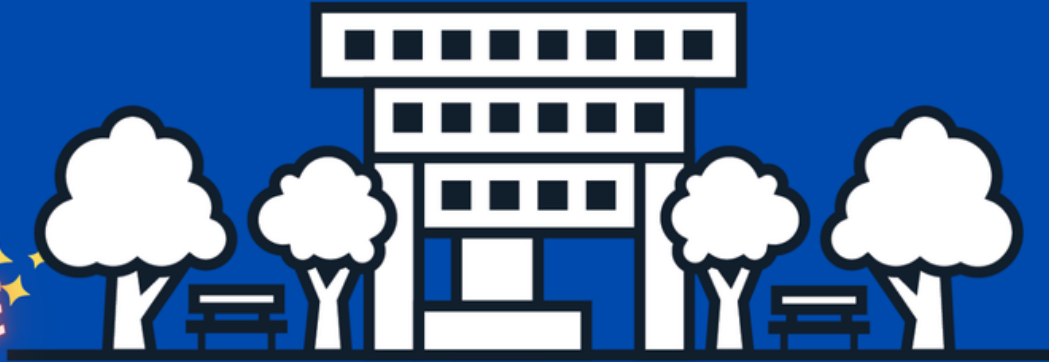
Healy Playground

160 Florence St., Roslindale

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

# ADA DAY 2022



**NEW DATE**

**WEDNESDAY AUGUST 31, 2022 | 12-2PM**

**BOSTON CITY HALL PLAZA**

**CITY of BOSTON**



Disabilities Commission



Mayor Michelle Wu

## BECOME A BUS BUDDY!

**Bus Buddies teach older adults  
how to safely navigate  
public transportation**

For more information, contact Monique Carvalho  
at 617-635-4374 or email [monique.carvalho@boston.gov](mailto:monique.carvalho@boston.gov)

**CITY of BOSTON**

**AGE+** Age Strong



## WEDNESDAY, AUGUST 17

9:00am

### **Park Summer Fitness: Tai Chi**

Symphony Park, 39 Edgerly Road, Boston  
 Contact Phone Number: 617-635-4505  
 Click [here](#) for more information.

11:30am

### **Age Strong Virtual Yoga**

No registration necessary  
 Contact Phone Number: 617-635-4366  
 Join by Zoom link [here](#).

6:00pm

### **Golf Course Summer Concert Series**

William J Devine Golf Course Patio  
 1 Circuit Drive, Dorchester  
 Contact Phone Number: 617-635-4505  
 Click [here](#) to register & for more information.

6:00pm

### **Park Summer Fitness: Line Dancing**

1 Circuit Drive, Dorchester  
 Contact Phone Number: 617-635-4505  
 Click [here](#) to register & for more information.

7:45pm

### **Roxbury Movie Night**

Marcella Playground  
 260 Highland St., Roxbury  
 Contact Phone Number: 617-635-4505  
 Click [here](#) to register & for more information.

## THURSDAY, AUGUST 18

10:30am-11:30am

### **Age Strong's Yoga and Mindfulness Series**

Christopher Columbus Park  
 Atlantic Ave., North End  
 Contact Phone Number 617-635-4366  
 Click [here](#) for more information.

10am

### **Park Summer Fitness: Chair Yoga**

39 Edgerly Rd., Fenway  
 Contact Phone Number: 617-635-4366  
 Click [here](#) to register & for more information.

6-7pm

### **Park Summer Fitness: Zumba Tone Class**

Billings Field  
 369 LaGrange St., West Roxbury  
 Contact Phone Number: 617-635-4505  
 Click [here](#) to register & for more information.

## FRIDAY, AUGUST 19

10am-11am

### **Park Summer Fitness: Gentle Yoga**

239 Parker Hill Ave., Mission Hill  
 Contact Phone Number: 617-635-4505  
 Click [here](#) to register & for more information.

11:30am

### **Age Strong Virtual Zumba**

No registration necessary  
 Contact Phone Number: 617-635-4366  
 Join by Zoom link [here](#).

5pm

### **Kizomba Dance Party**

1 City Hall Square, Boston  
 Contact Phone Number: 617-635-3911  
 Click [here](#) for more information.

## SATURDAY, AUGUST 20

8am-9am

### **Park Summer Fitness: Walking Group**

Franklin Park, 1 Circuit Drive, Dorchester

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

10am-11am

### **Park Summer Fitness: HIIT Training**

Iacono Playground

150 Readville St., Hyde Park

Contact Phone Number: 617-635-4505

Click [here](#) to register & for more information.

## SUNDAY, AUGUST 21

4pm

### **Elliot Schoolyard Summer Concerts**

24 Eliot Street, Jamaica Plain

Contact Number: 617-524-3313

Click [here](#) for more information.

6pm-7pm

### **Park Summer Fitness: Virtual Yoga**

Contact Number: 617-635-4505

Click [here](#) to register & for more information.



# WITHOUT ACCESS TO RELIABLE INTERNET?

The Long Term Lending Program now offers Chromebooks and wifi-enabled routers to those in need. Supplies are limited, apply at: [bpl.org/long-term-lending](http://bpl.org/long-term-lending)



## Help Keep Your EBT Card and DTA Benefits Safe!



Set a new EBT PIN before each issuance:

1. Call the number on the back of your card: 800-997-2555.
2. Choose your language.
3. Enter the number on the front of your card.
4. Press 2.
5. Enter the last 4 digits of your Social Security Number (SSN). If you do not have an SSN, enter the last 4 digits of your 99 number assigned by DTA.
6. Enter your Date of Birth (month/day/year – 2 digits for month, 2 digits for day, 4 digits for year). For example, 12 01 1989 for December 1, 1989.
7. Enter your NEW 4-digit PIN; then enter it again. Choose a different PIN from any previous PINs.

**This is the best way to try to protect your benefits if your card information has been stolen.**

If you receive TAFDC or EAEDC cash assistance, ask about having your benefits deposited to your bank account. Call your case manager to set up direct deposit.



Learn more at [Mass.gov/ProtectYourEBT](https://www.mass.gov/ProtectYourEBT)



MAYOR MICHELLE WU'S

# Movie Nights

SUMMER 2022 SCHEDULE



Scan QR code for more details

**TUES AUGUST 2** **The Mitchells vs. The Machines**  
**JAMAICA POND/PINEBANK**  
 Jamaicaaway at Moraine Street



**MON AUGUST 22** **Encanto**  
**IACONO PLAYGROUND**  
 150 Readville Street, Hyde Park



**TUES AUGUST 9** **Sing 2**  
**HEALY PLAYGROUND**  
 160 Florence Street, Roslindale



**TUES AUGUST 23** **Soul**  
**RAMSAY PARK**  
 1917 Washington Street, South End



**MON AUGUST 15** **Luca**  
**MEMORIAL PARK**  
 143 Porter Street, East Boston



**THURS AUGUST 25** **Encanto**  
**WINTHROP SQUARE/TRAINING FIELD**  
 55 Winthrop Street, Charlestown



**TUES AUGUST 16** **Shang-Chi and the Legend of the Ten Rings**  
**RONAN PARK**  
 92 Mt. Ida Road, Dorchester




**MON AUGUST 29** **Raya and the Last Dragon**  
**HARDIMAN PLAYGROUND**  
 360 Faneuil Street, Brighton




**WED AUGUST 17** **Space Jam: A New Legacy**  
**MARCELLA PLAYGROUND**  
 260 Highland Street, Boston



**TUES AUGUST 30** **Soul**  
**MOAKLEY PARK**  
 Columbia Road at Mercer Street  
 (Near Roller Hockey Rink)



**THURS SEPT 1** **Willie Wonka & the Chocolate Factory**  
**BOSTON COMMON FROG POND**  
 38 Beacon Street, Downtown



**\*MOVIES START AT DUSK\***

For more info: (617) 635-4505, [boston.gov/parkarts](http://boston.gov/parkarts), or follow us    @bostonparksdept



Parks and Recreation



Mayor Michelle Wu

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ADDITIONAL SUPPORT BY:





# 2022 SUMMER PARK EVENTS

Join us this summer for free events, workshops, sports, and other fun activities

Learn more at [boston.gov/parks](https://boston.gov/parks)

CITY of **BOSTON**



## BOSTON AGE STRONG COMMISSION'S FREE GREENWAY YOGA CLASSES

**Where:** The Greenway Park  
(North End at Hanover Street  
& Cross Street)

**Rain Location:** Ausonia Apartments  
185 Fulton Street, North End

**When:** Every Thursday!  
11:30a.m. (through September 29)

Space is limited, so RSVP as soon as possible at  
617-635-4366 or email [renee.frechette@boston.gov](mailto:renee.frechette@boston.gov).

CITY of **BOSTON**

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## TAXI COUPONS FOR SALE!

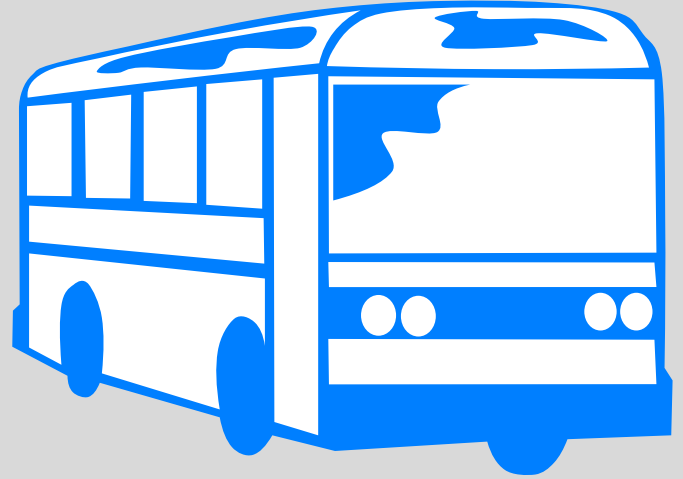


Discounted taxi coupons are available for Boston residents age 65+ & persons with disabilities. Coupons can be used in taxis licensed by the City of Boston.

Please show an ID showing your Boston residency. Each coupon book costs \$5 (worth \$10), please pay with cash. Coupons don't expire. For a limited time, each resident may buy 4 coupons/month.

Coupons are available at the Age Strong Commission Monday-Friday, 9am-5pm, as well as various sites. Click [here](#) to view the list of sites or call 617-635-4366.

**CITY** *of* **BOSTON**



## Take our Age Strong Shuttle!

We provide Boston residents age 60 and older with free transportation within the City of Boston to non-emergency medical appointments, with advance notice. We also have wheelchair-accessible shuttles.

**To set up a ride,  
call 617-635-3000**

**AGE+**



*Age Strong*